


JULY SUPPER *Happy Canada Day*

2022

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 Roasted beef Mashed potatoes veggies	2 Pork chops Mushroom sauce Scalloped potatoes
3 Chicken noodle soup Chicken salad sandwich pie	4 Basa fish Fries coleslaw	5 Lemon pepper chicken Mashed potatoes carrots	6 Ham Roast potatoes Mix veggies	7 Veal Mashed potatoes broccoli	8 Cheeseburger Onion rings coleslaw	9 Kielbasa Farmer sausage corn
10 Chicken pot pie salad	11 Beef strip Baked potatoes Roast veggies	12 Shrimp stir-fry Rice	13 Ham apple sauce Mashed potatoes Corn	14 Chicken alfredo Peas	15 Meat rice stuffed pepper Caesar salad	16 S&S meatball Rice veggies
17 Rosemary pork loin Mashed potatoes veggies	18 Egg benedict Hash brown	19 Chef salad Bag bowl of soup	20 Honey garlic Chicken balls Refrigerated rice	21 Club sandwich Fries coleslaw	22 Ham Baked beans veggies	23 Beef stew Fresh bun
24 Faspa Potatoes salad/ meat Bun & cheese	25 Fish burger Fries' coleslaw	26 Waffle night/ bacon White sauce/strawberry sauce	27 Pork chop Mashed potatoes veggies	28 Beef stir-fry noodle	29 Chicken finger Onion rings coleslaw	30 Ham pineapple Pizza salad
31 Spaghetti meat sauce						